

Low Cost, High Return:

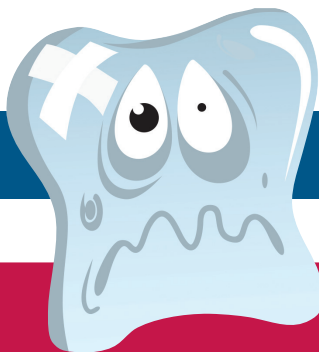
Community water fluoridation was one of the **TOP 10** public health achievements in the 20th century.

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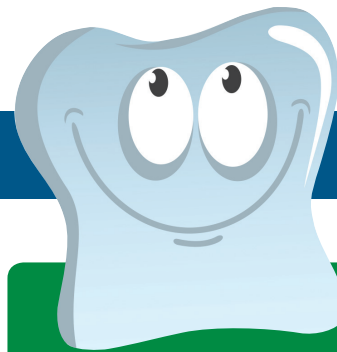
Fluoridation is a cost-effective investment in public health.

- Every \$1 spent on fluoridation saves \$38 in dental bills.
- Fluoridated water reduces tooth decay by 25% over a person's lifetime.
- The cost to fluoridate water for the lifetime of one person is less than the cost to treat one cavity.



There is a cost for NOT fluoridating.

- Children with poor oral health are more likely to miss school and perform poorly in school.
- Parents from low-income households miss work more often because their children are ill due to poor oral health.
- Tooth decay is the most common chronic disease in the U.S. for children age 5–17. It is preventable with regular dental care and by drinking fluoridated water.



Keep investing in fluoridation.

- Connecticut has been fluoridating community water for 70 years since 1945.
- Connecticut should continue community water fluoridation at the federally recommended optimal level of 0.7 parts per million.
- Connecticut should investigate the benefits of fluoridating water in rural schools that do not have a public water supply.



Visit <http://ilikemyteeth.org/> for more information on the benefits of fluoridation.